

The Spiritual Scientist

Volume 1 - No. 1

SCOLE, NORFOLK, ENGLAND

December, 1994 (Winter)

Regular Bulletin

We hope that you enjoy this very first copy of our specialist bulletin - The Spiritual Scientist - which represents the first issue of a new quarterly publication intended to act as an official mouthpiece for our new organisation - the New Spiritual Science Foundation. In future issues, you will find regular updates on the work of the Foundation throughout the world, and reports of the sittings and experiments undertaken by research groups such as the Scole Experimental Group.

The phenomena currently obtained by the Scole Group, and also that which is still under development by the spirit team working with them, and intended for future demonstration, is most exciting - and will, we believe, capture the imagination of even the most sceptical of individuals, who through their contact with such phenomena may well be led to later make an in-depth study of the subject for themselves.

As with many other new publications, The Spiritual Scientist is being launched with modest expectations, but for us to recover the production costs and postage, we are obliged to charge £4.50 for 4 issues (U.K.), £6 for surface mail subscribers elsewhere in the world, and £8 for airmail. This will also help our publication to evolve into a more professional format as time goes by.

In addition to the interesting reports and articles, readers of this bulletin will also be able to witness a series of worldwide 'firsts', as we publish various photographs from the spirit world, produced under proper

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test conditions during experimen-

Amazing Phenomena

tal sittings.

Since its very first positive results, which occurred on Monday October 4th, 1993 (Coincidentally exactly one year before the first visitor attended the group concerned), the Scole Experimental Group has witnessed to date some 43 different forms of physical phenomena, all of which have been produced by their spirit world helpers in a totally new way, using pure energy as opposed to the more traditional methods.

These include apports, the ringing of bells, constant spirit lights plus raps and taps of varying intensity, as well as touches by solid energy and the physical presence of 'teleported' spirit people, who can walk about the room making physical contact with sitters or simply sit in the cellar behind the group.

Voices have been heard to come from all parts of the room, and there has been levitation of a plethora of objects, of tables and of cameras - the latter, which once levitated have then, on some occasions proceeded to take quite wonderful photographs by themselves in a totally dark room, where there has been absolutely no possibility whatsoever of the film having been exposed to any source of light!

The scope of the phenomena now produced within the group is truly amazing, and there is no doubt that there will be a queue of visitors heading in the direction of Scole once these sittings are thrown open to the public in the future, so that they too can experience for themselves these exciting developments.

It is a fact that within the Scole Experimental Group, there are a great number of new forms of physical phenomena constantly being devised for demonstration purposes by the spirit team and their regular spirit communicators so that repeatable experiments of an evidential nature might eventually be a regular feature of sittings with the group. In addition, the team are constantly practising the art of evidential communication which they realise must be a major factor in all sittings to prove the reality of survival beyond our physical 'death'.

Open Invitation

In the foreseeable future, we will be in a position to welcome guests and members of the public to the Scole Experimental Group on a regular basis, and the spirit team who constantly work with us have suggested that those who attend the group might like to have a copy of this regular quarterly bulletin to keep them in touch with the rapid developments and the spectacular results now occurring within the group.

In issue number two, we shall be able to give a better idea of when and how interested parties

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Next Issue's Features

will be able to submit their applications for a chance to attend one of the

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Spiritual Science

Foundation sittings at some future date.

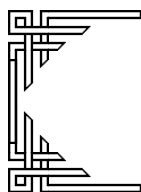
For some time now, the spirit communicators at the Scole group, led by John Paxton, a very evolved soul and a member of the ruling "Council of Communion", (which oversees communication between the spirit world and various experimental groups), have clearly expressed some dissatisfaction with most of the 'old' terminology associated with the spiritualist movement, and indeed with the term 'spiritualist' itself. They feel that for the new work which they are undertaking, using pure energy as opposed to the more traditional methods of producing physical phenomena, a totally new image is needed.

Paxton, who has explained that he himself experienced a life on earth several centuries ago, has now suggested a new name for the current experimental work, to encompass the new methods of communication and physical mediumship which are even now being pioneered within the Scole Experimental Group by the spirit team working with them, and it is hoped by the spiritual entities involved that this new name will ultimately be more acceptable to the men of science and letters who will inevitably take up the study of this fascinating subject.

The new work will fall under the general heading of "Spiritual Science", a totally different name for the subject - and until the year 2000, this is to be prefaced with the word "New". The Scole Experimental Group have been instructed by Paxton to create a framework within which they can work in partnership with the diligent team of spirit beings - the whole to be known as the "New Spiritual Science Foundation", a

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very simple but manageable



First Visitors For Scole Group



organisation which it is hoped will before long be working from its own suitable premises, where many facets of this important work can be taught and practiced for the ultimate good of mankind.

In response to promises by their guides and helpers that it would 'not be long' before the Scole group were allowed to invite their first visitor to a group experimental sitting, group members spent many months waiting for the 'go-ahead' from the spirit team, and speculating as to who the first visitor might be (spirit had made it quite clear that the group themselves would have no say in the matter).

It was therefore welcome news when Patrick McKenna, the designated "Spiritual Co-ordinator" of the group, finally announced during September that the rapid development of the phenomena had progressed far enough for the first visitor to be invited at the beginning of October, 1994. This marked the start of an entirely new era for the Scole group members, who were asked to invite medium Bill Lyons of Colchester as their very first guest, and this was duly done.

Consequently, on Tuesday, October 4th, group members gathered at Scole to welcome their visitor, whose experience of physical mediumship was limited at that time. The occasion was exciting, and the sitting proved to be a total success, with several new types of physical phenomena being demonstrated by the helpful spirit communicators for the benefit of the guest. Bill received an apport of a brass elephant on a plinth from the spirit guides during the course of the evening much to his delight, and he left afterwards with much to ponder on, gained in an experience which he would probably remember vividly for the rest of his life!

Permission was given by the guides for two visitors to attend during the very next week, these being the wife and husband of two of the group members.

Once again, the sitting was a great success. One of the group members had a birthday on that day, and she was presented by the spirit helpers with an apport of a beautiful bracelet from Peru, made of ornamental silverwork and obsidian (a semi-precious stone).

The number of visitors was being increased each week by the spirit team, to enable them to prepare for their public debut - a one off experiment to be held during a private November weekend seminar at the newly refurbished Osborne Centre in Felixstowe - run by Bill Lyons. Since that experiment would involve a total of about 40 sitters, the spirit team needed to work up gradually to such a large number of people.

So on Friday 21st October, there were no fewer than six visitors at Scole. On this occasion, they included a scientist and a one-time member of the Magic Circle. Once again, with an excellent harmony between the group members and the visitors, the sitting went extremely well, and it was a very happy gaggle of guests who finally returned home.

The instructions from the guides and helpers at this point temporarily precluded the Scole group from inviting working mediums to the group until their spirit team had learned to deal with the active energy from such people, a process which might take another couple of months. This caused great difficulty for Friday, October 28th, as they had been asked to provide some

Energy and Ectoplasm

16 visitors, and most of the people who group members knew were either working mediums, or were actively involved in a physical circle, also causing problems, but the group did manage yet another successful sitting despite that!

However, the fact that the brand new types of physical phenomena and their *modus operandi* no longer pose such severe health dangers to medium and sitters that were inherent in the more traditional methods, does not eliminate the need during sittings for strict security, and the operation of a recognised code of conduct to be expected from sitters to ensure that all present witness the best available results, without interruptions caused by particular sitters behaving badly.

To this end, future visitors to the Scole group will be expected to adhere to a strict code of conduct during sittings, and security precautions will at all times be observed, including the possible searching of sitters prior to an experimental session. No apparatus of any kind will be allowed into the room, and this will include such things as cameras, tape recorders, torches, lighters, matches and even watches.

Whilst rings are acceptable, dangly jewellery and bunches of keys are not, as these might rattle during the experiment. Coins are definitely banned, because some unscrupulous sitters in years gone by have been known to throw these during a sitting - and coins of various sorts are often

reported as part of the phenomena.

The seating plans for sittings at the Scole Experimental Group are predetermined by group members and visitors are asked not to leave their allotted seat, since they are allocated a particular seat for a specific reason, usually to achieve the best available balance of power and energy, and to create the required harmony amongst sitters. It is not always possible to guarantee that groups of sitters travelling together can in fact sit together, but they should accept their given places gracefully, to preserve the special atmosphere of the sitting.

For best results at a physical sitting, it is important for all invited sitters to observe a recognised code of conduct designed to encourage communication, evidence and phenomena. We suggest, as a matter of course, that visitors dress casually, and warmly, to combat the psychic coldness which usually accompanies physical phenomena.

Men, for instance, should ideally wear an open necked shirt, trousers and sweater to a sitting, whilst for ladies, perhaps a blouse, jumper and slacks are more comfortable than a dress.

Sitters must not wear scent or aftershave, as the smell of these could later be confused with psychically created smells. Handbags and the contents of pockets should be left locked in a car or somewhere outside the room.

It is very important to attend any physical experimental sitting in the right frame of mind, as the thoughts and moods of sitters can positively or adversely affect the results and to this end, a happy atmosphere is

Strict Security

always best. Guests should try to approach the session with a totally open mind as to what they might witness. Open scepticism is fine, but if visitors sit in at an experiment with the predetermined view that what they are about to witness is not genuine, then their thoughts can definitely block phenomena, thus spoiling the session for other sitters. There will be ample time to discuss individual views and impressions after the event.

Throughout the sitting, visitors must try to sit perfectly still but relaxed, keeping hands either in their laps or on their knees. They must not stand up or move about during a sitting, and should a spirit light or any other levitated object come close to them or touch them at any time, they must not make any attempt to grab at it, or to move their arms about in any way, unless specifically requested by the spirit team to do so. It is paramount for sitters to try and help keep the atmosphere happy and harmonious, as this will always produce better results.

It is also likely that during the course of an experimental sitting, some visitors may receive personal messages and survival evidence from the spirit people. Sitters should listen carefully when communication of this nature is taking place, and if any of the messages are for them, they must answer audibly, if a spiritual entity asks for them or speaks to them personally.

The sound of the recipient's voice is most important to the communicator for them to establish a strong link, and without it, the communication is likely to simply fade out.

Sitters should not, however, volunteer specific information gratuitously to any of the spirit communicators, but should nevertheless co-operate with them and encourage them to speak so that they can supply evidential information and messages of their own free will,

Code of Conduct at Sittings

the content of which could not possibly be known to the medium - only to the recipient. When the session is over, and prior to the proceedings being properly closed in prayer, then all sitters should keep quiet until the medium or mediums are fully conscious. Afterwards, when the mediums have recovered sufficiently and are suitably refreshed, then they or other group members will be happy to chat about the experimental sitting and answer questions.

Personal Sensations

It is only natural that visitors at a group sitting, and particularly at their first physical sitting should be a little apprehensive, but we can assure them that although they might witness some amazing things, with lights flying around the room at considerable speed, and heavy objects levitating, etc., they will not come to any personal harm in any way. This fact is constantly emphasised by the spirit teams who work with groups such as the Scole group, to allay the fears of those with little experience to date of physical mediumship. All the phenomena is strictly controlled by the spirit helpers to prevent any accidents.

There are a few physical sensations which visitors may or may not experience (as the case may be) during a sitting. The first of these is associated with all physical phenomena groups, and takes the form of a definite coldness in the room. It is generally felt around and below the knees, and is the most common experience during such experiments. Sometimes this coldness can also

be accompanied by a psychic breeze.

During sittings of the Scole group in particular, there may be a feeling of slight nausea in some sitters. This could also be linked in some cases to a slight dizziness. There could possibly be some heaviness of the limbs, and a gentle pulling sensation from various parts of the body. It is important to emphasise again at this point that these sensations are normal and only temporary during a sitting. The health of visitors and guests at the experimental sitting is not at risk in any way and will not be adversely affected either in the short or long term.

Over a substantial period of time, the spirit team of regular communicators at the Scole Experimental Group have proved themselves to be true and trusted friends, and members of the group know them to be gentle, loving, harmonious and trustworthy. If they announce that they are going to produce a particular phenomenon, then they go ahead and do exactly what they have promised.

Whilst there is a band of helpers unknown to the group who constantly beaver away in the background as 'backroom boys' during each experimental sitting, all with their own particular tasks to attend to in respect of the smooth running of the session, these essential spirit souls are not designated 'communicators', and so group members are not yet aware of their identities. At some later date, when the development of the phenomena in the group is much further along the line, it is most probable that these diligent spiri-

tual entities will be able to chat freely with the group.

In the meantime, the principal communication is currently undertaken by six more experienced spirit beings, who are:

John Paxton - An evolved spirit entity who experienced an earth life many hundreds of years ago. Paxton helps to oversee the operations in the Scole Experimental Group, as a member of the ruling "Council of Communion", which is itself made up of 13 very wise and spiritual souls who make the decisions regarding the progress, planning of experiments, and the work which is to be undertaken by the Scole group and others like them. There are many similar "councils" in the spirit world, dealing with other circles and a myriad of subjects in addition to just the communication with those of us on the earth plane.

Manu - A powerful and extremely spiritual guide of the group, who always speaks first, and whose job it is to blend together the available energies for use by the spirit operators during a sitting. It is believed that he was originally from South America, ostensibly from Peru, and possibly of the Inca race. It is Manu and his Victorian child helpers who bring apports to the group on a regular basis.

Patrick McKenna - A delightful spirit soul of Irish origin who was a priest during his earth life, and had a liking for Guinness and cigars. Patrick has been appointed as the "Spiritual Coordinator" of the communicators, and is ultimately responsible to the spirit world for the group's activities and progress. He is usually *in situ* for the greater part of each sitting and is the second communicator to speak, his presence generally being announced by the physical ringing of a string of cowbells. He is also

Spirit Guides And Helpers At The Scole Group

the last to bid farewell, and tells the sitters when it is time to close, after some two to two and a half hours. Part of Patrick's job is also to manoeuvre casual communicators to the right spot from which they can make their communication, at the same time helping them to get their messages across to the sitters.

Raji - A lovable Indian guide of the group, one of Raji's functions is to help with many of the spiritual aspects of the group's progress, and he often advises sitters on how to get the most out of their meditation. He is also involved with the development of the group's spiritual healing work, and has enhanced their results by apportioning small amounts of very special sacred ash from the funeral pyre of a 'holy man'. He has been allocated the task of organising the photographic experiments of the group, as well as those involving messages on sealed audio tapes.

For his work in the group, Raji often uses the services of his assistant, "Small Boy", now more kindly renamed "Charlie No. 1", and sitters can be sure that "Charlie", when present, will physically make himself known to them! Raji has provided group members with a photograph of himself, obtained under test conditions in total darkness, and he tells the group that whilst on earth, he was a "Rajpoot", a type of prince who belonged to a caste of ancient Hindu warriors. He served as a soldier on horseback during his lifetime, and is still very fond of marching music when he returns to speak to the group members and sitters.

Mrs. Emily Bradshaw - A most pleasant and precise spirit helper within the Scole group, Mrs. Bradshaw's speciality is her

survival, which never ceases to amaze members of the group during sittings, and which she delivers in an educated, matter-of-fact clipped Oxford accent - most pleasing to the ear and easily recognisable. Mrs. B. also has a wider function, in that she fulfils a similar job to Patrick through her own medium by helping spirit communicators to come forward and make themselves known, either speaking themselves directly through trance, or by relaying messages from them to the appropriate recipients. Clearly, Mrs. Bradshaw was a lady when on earth, and was heavily involved in charity work. Her originally severe tones have mellowed somewhat, and like Patrick, Mrs. B. now spends most of the time *in situ* with her own medium during a group session, occasionally interjecting an appropriate remark into the conversation, or playfully taking Patrick to task over his explanation of a particular point. Often, at the end of a sitting, she will leave with the words "Well it's Goodnight from me and Goodnight from him!"

Edward Matthews - A wonderfully sensitive and spiritual soul, who visits the Scole group on a regular basis, and he has shown a strong desire to be a part of the communicating team when visitors are present at group sittings. He is currently engaged on brushing up his stories and anecdotes for their benefit. One can sense the love and emotion in his voice when he speaks.

Edward is very knowledgeable on many subjects, and will converse on several topics, including the business that was run by his father in South London in the early part of this century. The one thing he is unable to yet bring himself to discuss with visitors is the subject of his passing during the first world war. The conditions around that time were unbearable, and his

passing was traumatic in the extreme. Since he finds the subject too distressing to contemplate, visitors and guests are asked not to raise it during sittings.

In addition to his conversational skills, Edward is very much a part of the team in that he is becoming heavily involved with the organisation of several scientific experiments planned for future work, and familiarising group members with spirit's scientific plans.

A seventh communicator, who has only recently joined the team may soon be speaking to the group on a regular basis, but not enough is yet known about him to discuss him in depth. This is a helper by the name of **Stargazer**, who speaks of himself as having pursued such an interest when on earth. His stated intentions when visiting the group are to help in the spiritual development of its members, and in addition, to stimulate their fascination for gazing at the stars, just as he was regularly doing in his own day.

Sessions for visitors and guests at the Scole group will inevitably vary somewhat from the normal weekly experimental sittings there, and at this early stage of receiving visitors, results are likely to be limited to a small part of the regular phenomena described here when guests attend, until such a time as the spirit team learn to properly regulate the vital energies with visitors present.

Sittings at the moment are held in total darkness, although the spirit team working with the group have stated quite categorically that it is their eventual intention to introduce lighting of some description into the group. It has been carefully explained that if lighting had been present from the beginning of the development,

Spirit Guides Continued

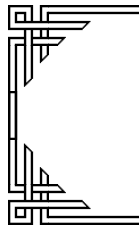
then the speed of such development would have been slowed down considerably. At this stage, the guides and helpers judged that the phenomena which the group now have is more important than lighted conditions.

Sittings start with the playing of music, and it is during the third tune, "Sleepy Shores", that the guide *Manu* first speaks through one of the entranced mediums. The sitters are cordially greeted, and on some occasions, *Manu* brings an apport before withdrawing to attend to his real work - the blending of the energies for practical use.

The group continue to play some suitable music, and shortly afterwards, there is usually the ringing of a string of cowbells which hang aloft in the room. This acts as the 'overture' for *Spiritual Co-ordinator Patrick McKenna* to speak through his own medium in trance, and to possibly announce a little of the programme planned for the particular sitting, interspersed with his inimitable humour, a little leg-pulling, and a demonstration of true Irish 'Blarney'.

Around this time, or just prior to it, the evening's profusion of raps and taps may have started up, along with the usual visual display of spirit lights, which move silently around the room at very high speeds, weaving various patterns in the air, backwards and forwards across the whole of the room. With the new spirit world technology, it is not necessary for the mediums to be screened off in any way from the rest of the group, and so they sit amongst other group members, remaining in deep trance for the whole of the sitting.

The raps are mainly brought about by psychic energy, which has the ability to solidify, and in

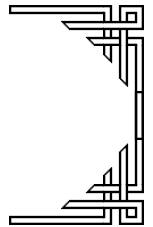


sticks, from time to time changing in an instant to a thinner format sounding more like chopsticks rattling, the change sometimes being brought about in line with the comments of sitters, which can also affect the movement of the lights.

The lights and solid energy will often touch sitters, feeling just like a stick or a piece of string, or perhaps like a butterfly fluttering against the skin. This can often be brought about by popular request, but can just as easily be prevented by mental request if a sitter is worried at the prospect of being touched.

Loud thumps can frequently be heard coming from deep inside the walls of the cellar or room, and it is not unusual for sitters to hear the sound of spirit people sitting down on any vacant outer chairs. On more than one occasion, the heavy central table has levitated from floor to ceiling in no more than a split second, perhaps staying aloft for several minutes whilst a few of the toys and objects, previously left on the floor or table, will likewise follow suit and levitate, moving at varying speeds around the room.

The lights, having finished their passable impressions of halos and catherine wheels, or perhaps of pendulums, may then demonstrate their ability to pass through a solid table, moving both upwards and downwards, before travelling around the room and lightly touching various sitters, or hovering just a couple of inches in front of sitters' eyes. This could be followed by their circumnavigating the table and/or becoming beams, similar to those from a torch, to illuminate the legs, feet and bodies of sitters - or the lights may indeed perform an impromptu



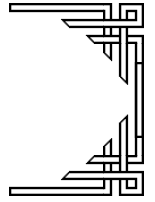
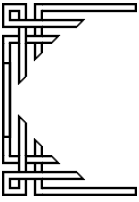
tap-dance or skating routine on the table!

There is usually a little jocular banter by *Patrick*, when he pretends that he will not allow the Indian guide *Raji* through, but he eventually concedes that some march music must be played, and the group are treated to the humourous tones of *Raji*, as he makes himself known to them. *Raji* speaks through his particular medium's trance, and will exchange pleasantries with the assembled company before chatting seriously to them about the photographic or other experiments which are planned for the sitting. He may also speak to the sitters to advise on such subjects as spiritual healing. *Raji's* small boy assistant, 'Charlie No. 1' has possibly accompanied him, and may move about the group touching people with his small fingers, or patting them on the head.

Other 'teleported' spirit visitors may move around the room, playfully pushing sitters' chairs, or some have on occasions been known to speak in their own voices from the position in the room that they occupy at that particular time. Often it is possible to hear their footsteps as they move about, or the clapping of their hands from different places in the room. Frequently they can be heard to shuffle outer chairs around so that they can sit down. In the past, they have also been able to physically write messages on a pad of paper left in the room for that specific purpose.

Somewhere, in the midst of the other activity, it is possible that *Edward Matthews* may address the group through one of the entranced mediums, usually speaking of his involvement with

such form can often be heard beating on the table like drum-



the planned scientific experiments in the group, and outlining for group members some of the wonders yet to come in the form of anticipated results from specifically requested experiments. It is clear that Edward has taken this function upon himself, and he is usually most enthusiastic about these experiments, carefully outlining to the group also his instructions for the making of specialist pieces of equipment. It is as much a joy to listen to this emotional and gentle soul as it is to listen to the very evolved spirit being, John Paxton.

Paxton is only able to speak to the Scole group privately, when there are no visitors present, due mainly to the practical difficulties of communication direct from one of the higher spiritual planes, but he delights in bringing through specialised teachings and instructions from the more evolved souls in the spirit world.

As has already been stated, the spirit helper Paxton is a very wise and evolved spiritual entity, who sits on the "Council of Communion" in the spirit world - a panel of advanced souls who oversee communication with our physical world through a small number of experimental groups such as the Scole group.

Normally, communication between these "Councils" and our world does not take place on a direct basis. Such beings use spirit 'messengers', usually guides or helpers, to receive and pass on their wishes and instructions, but the Scole group is very fortunate in that it has now heard directly from two members of their own 'council', these being a soul who simply referred to him-

self as "Abraham", who has only communicated once to date, and, of course John Paxton, who continues to be a regular communicator.

Throughout the sitting, Mrs. Emily Bradshaw will be passing occasional comments through her entranced medium, sometimes helping Patrick or Raji to put over a particularly pertinent point, and it is her function too, to help personal communicators in the spirit world to pass on very evidential messages from friends and loved ones there, thus proving survival to sitters and group members alike. She is very precise and accurate with this information.

Finally, after an interesting and most uplifting sitting, Patrick McKenna will announce that it is time to close, and he and Mrs. B. will take their leave, with Patrick sometimes demonstrating the 'Extended Voice' phenomena, with which he is able to speak from any part of the room he chooses, even including a point deep within the cellar walls!

Having already spoken of the spirit team working together with the Scole Experimental Group as constantly looking at new forms of physical phenomena with which they intend to experiment, until such a time as these new phenomena can be successfully developed to demonstration standard, whereafter they can be included in the programme for the benefit of future visitors to the group, it will come as no surprise to readers that several types of such new physical phenomena are already under consideration by the spirit team at Scole, with that very purpose in mind.

First Experiments

The spirit team co-operating with the Scole group are already heavily involved in a number of weekly photographic experiments which are carried out during the group's sittings.

Some months ago, as has already been mentioned, they expressed their desire to project images onto photographic film, and sitters were asked to provide a camera, without a flash, but loaded with new 35mm film, to be placed in the room during a sitting. Bearing in mind the fact that the room is totally dark whilst a group session is taking place, and the fact that there is no way that the film within the camera could possibly have been exposed to light of any kind, there came a day when, during a sitting, one of the group members was asked to pick up the camera in the dark room, and to go through the motions of taking a photograph, by pressing the shutter button each time one of the guides gave the instruction.

This happened several times on the first occasion, and a number of "shots" were taken this way in the darkness during the sitting, every time a guide called "Now"!

When the film was developed the next day, group members could hardly believe their eyes, as the film contained not one, but 11 separate images, many of them amazingly clear, of various odd items, places and people from all over the world.

The next time the group sat, they provided two cameras for the guides to experiment with, both containing a newly opened, fresh-from-the-shop 35mm film, and the conditions of total darkness were exactly the same as the previous week. On this occasion,

PHOTOGRAPHIC WONDERS!

however, the cameras sat by themselves on a chair. It was not long before one of them was clicking away happily, taking a number of "photographs" by itself, and winding itself on without being touched by any of the sitters.

The other camera was heard to levitate, and move around the room by itself, likewise clicking and whirring as it wound itself on. Once again, when the films were developed, both of them contained exactly 11 (The films were each 24 exposure films) amazing photographs, of places and of people. One full faced photograph of an Indian gentleman is believed to be a shot of the group guide, Raji, who is currently involved in the weekly photographic experiments.

Explanations followed in the weeks to come, and the group were told that the photographs they had received on these first occasions were all copies of old and new photographs which existed already somewhere in the world, although one of them had shown the readable front page of a newspaper dated December, 1936. There were a few more sporadic attempts by the spirit team over the next few weeks before these promising experiments were shelved for a while to concentrate on other things.

Current Developments

Much more recently, the spirit team at Scole have resumed the photographic experiments, which will now play a major part in their work, and attempts are made during every sitting to provide images on photographic film.

The group's spirit guides and helpers are no longer satisfied with producing copies of existing

photographs on film within a camera, and in order to make the results more evidential, all cameras have now been banned from sittings for the time being, unless they are needed in the future for specific experiments.

Instead, the group place factory-sealed 35mm films on the floor during a sitting, which are then processed if the guides announce that they have been able to project an image onto them. The faces of the staff at the processing firms are a real picture as they are handed 35mm films, still factory-sealed in their original boxes, and asked to process them! And they are even more amazed when the films show positive results!

Even better are the results which are now being produced instantly and regularly on polaroid film which is also left in the blacked-out room when the group sit. Use of this type of film which has no negatives to be tampered with is extremely evidential and the group have recently acquired some ongoing sponsorship and practical help in the form of a substantial supply of photographic materials from the Polaroid Corporation, Polaroid (U.K.) Ltd., to enable them to further develop the concept of instant spirit photographs. The eventual stated intention of the guides is to reproduce images on film direct from the spirit world, a feat which it is believed has never been achieved before.

The Scole Experimental Group regularly receive apports from the spirit team working with their group. Indeed it was an apported gift which constituted their first positive physical phenomena on October 4th, 1993. Ever since, they have been an inherent part of the group's phenomena. Some prime examples follow below.

For those who are not familiar with the term, an 'apport' (which is derived from the french verb *apporter* = to bring) is an object which is not in the room at the time when a regular experimental sitting starts, but which arrives in the room by supernormal means during the course of such a group session. (Opposite term is an 'asport', meaning an object which is in the room at the beginning of a sitting, but is subsequently removed from the room by psychic means during the sitting.)

Such varied items are generally brought as small token presents for the guests and sitters at an experimental session, sometimes to increase the 'evidence' from a particular communicator, or maybe just as a gesture of friendship. Sometimes, however, they can have practical use for members of a group such as the Scole group. These objects, once brought, do not disappear again immediately after an experiment, but remain as a tangible memento of a successful sitting. Members of the group have been informed that such items are not stolen from previous owners, but are usually lost or discarded objects, sometimes once owned by their donors in the spirit world.

The first apport which came to the Scole group was a Churchill crown, and Manu, who brought it, told sitters that it was a sign of "greater things to come". The apport dropped audibly onto the table in the centre of the room, a practice that has been repeated for the group many times since.

A number of weeks later, on the 11th November, 1993 - appropriately Remembrance Day, everybody was amazed when Manu announced that he was going to bring sitters a collection of apports. These were heard to drop on the table during the course of the sitting - not all at once - as one might imagine, but one or two together, and then after a

Apports Galore Received By The Scole Group!

pause of several minutes, one or two more, until there the same as the number of sitters. When the lights came on after the sitting there were seven apports, as follows:-

A Silver Thimble.

Two small Silver Locketts.

A Silver Chain Bracelet.

A St. Christopher Medallion.

An Ornate Miniature Spoon, with spiral metal handle, decorated bowl and inscription in french on the reverse.

A Tiny Gold Medallion, with hieroglyphics which are not Egyptian, but possibly Inca in origin.

It was just a few days into the New Year, on January 3rd, 1994, when further apports were to come. The whole group of seven sitters was present when another seven apports were brought by Manu and the spirit team. Four of the sitters were ladies, with three men, and a point of special interest was that, on both occasions, the apports were appropriate in that four were suitable for ladies, and three suitable for men. That night the group received:-

A Whalebone Spoon.

A Mother of Pearl Necklace.

A Carved Ivory Cocktail Stick.

A Pearl and Leaf Brooch.

A Marcasite Necklace.

A Silver Anchor, Cross and Heart charm, inscribed "Faith, Hope and Charity".

A Silver St. Bernadette Medallion, inscribed "Kara".

On St. Valentine's Day, 1994 - February 14th, Manu told the group that he was assisted in bringing apports by two Victorian children, who also had a hand in choosing the objects which would be apported. Once again, seven sitters were present, and seven apports were received:-

A Silver Sports Medallion.

A Marcasite Necklace.

A Lady's Handkerchief with the initial 'H'.

A Penknife with Mother of Pearl Handle.

A Silver Charm of "The Grim Reaper".

On March 21st, the group had two apports of old style pennies, dated 1936 and 1940 respectively. These were significant in that the dates tied in with two psychic photographs which had recently been received during a previous week's experimental sitting.

At the sitting of May 9th, 1994, Manu told the group that he was bringing an apport to remind the members of the way in which they met. Shortly afterwards, a small object dropped onto the table. This turned out to be a beautiful silver charm of the type displayed on charm bracelets, and was in the shape of a Noah's Ark, with a top which lifted up, showing tiny silver animals on board. This particular item was significant because when they met, all the members of the Scole Experimental Group belonged to the Noah's Ark Society for Physical Mediumship, started by Robin Foy in 1990 on the instructions of spirit world guides and helpers. Needless to say, this is one of the favourite apports which the group has received to date.

A fortnight later, with two of the sitters on holiday, a massive thud was heard on the central table, and a very heavy object bounced off onto the floor, falling onto the foot of one of the group, who was asked to "pick it up and feel the heat" which was still present in the apport as a result of the process of apportation. It was quickly realised that the present was a block of crystal, and it turned out to be a piece of Amethyst as big as a man's fist. Sitters were told that it had come from "far away in South America", ostensibly from Peru.

During the ses-

sion of June 20th this year, there was an apport of an old but small, metal-studded Cube of Wood; designed as an Incense Stick Holder, with a very practical use for group members.

On Independence Day, 1994, July 4th, there was a special sitting for the group guide Raji. He apported a joss stick, which was then lit by psychic means, as well as a quantity of sacred ash, which apparently came from the funeral pyre of an Indian "Holy Man", and contained special healing properties. There was also an Indian Campaign Medal inscribed "Sangram Medal", and three uniform buttons - two small and one large - from an Indian military uniform.

The following week, on July 11th, sitters were told that one of the helpers who was present wished to confirm his presence - and the group received an apport of a very well preserved complete and original copy of the Daily Express, dated Monday, May 28th, 1945, containing a large front page photograph of the well-known politician and group helper concerned.

A couple of months later, whilst sitting on September 12th 1994, the group received yet another apport "To add to your collection", as Manu put it, and this was a medallion which was dated 1911, and had upon it portraits in relief of King George V and Queen Mary. It appeared to be made of bronze and was inscribed "Homage of the British Empire".

Towards the end of September, whilst the spirit team were practising for the visit of the first guest which was scheduled for the week afterwards, Mrs. Bradshaw announced that Helen Duncan was present, and whilst she was not able to speak to the group on that occa-

A Pearl Tiepin.

A 1923 French Franc Token.

Apports Galore - Continued

sion, she was nevertheless sending the group her very best wishes for their public 'launch' the following week. It was Mrs. Duncan's wish to bring the group something to verify her presence there that evening, and this would concern a period of her life which was regrettably an unhappy time for her. Once again, the sitters heard the now familiar 'plop' on the central table, and lo and behold, lying on it was an original copy of the Daily Mail, dated April 1st, 1944, announcing the "Guilty" verdict from Helen's trial under the Witchcraft Act. It is now widely believed that the wartime Government of the day contrived her imprisonment to prevent (for propaganda purposes) dead servicemen from materialising through her mediumship and "spilling the beans" about the sinking of their Navy Ships, before the authorities released the details officially.

The first visitor to the group, medium Bill Lyons, received an apport of a brass elephant on October 4th, as already reported, and one of the sitters ten days later received a beautiful apport by way of a silver and obsidian bracelet from Peru on her birthday, October 14th.

The apports so far have always been brought with the help of the group's guide Manu, and he has told members of the Scole group on more than one occasion that he finds the process of bringing apports relatively easy. The group has recently acquired an old fashioned typecase containing several compartments, and it is hoped that many of these and future apports can be displayed in it.

The Scole Experimental Group consists of a small number of dedicated people who are

prepared to give their all to spirit, and are determined to see the development of the group through to its natural conclusion, thus helping as many people as possible to witness and share in the physical phenomena demonstrated within its midst. Many interested parties will learn of the nearness of the spirit world in real terms, and of how they too, using the new methods, may, under the right conditions, develop their own potential for physical mediumship and fulfil their psychic ambitions in that direction, in turn helping others.

The group is currently sitting twice every week, with the possibility of increasing the number of weekly sittings to three in the not-too-distant future. Two of the group members travel some 75 miles to be present on each occasion (a round trip of 150 miles), and another two sitters willingly travel a distance of 30 miles there and 30 miles back to be regularly present for this important work.

Enquiries as to the experiments undertaken at Scole and the scope of the group's work, are even now coming in from all over the world, and it is felt that the inevitable publicity which the group is destined to receive because of the pioneering nature of its results will generate even more interest, both amongst those already familiar with the physical phenomena produced by spirit world beings, and also amongst those who know nothing of the subject, but who will nevertheless appreciate the evidential nature of the events at Scole, and the scientific approach of Experimental Group members and spirit helpers alike in producing such evidence. There will eventually be special sittings for selected scientists to attend, when they will be allowed to ask any questions they like of the team of spirit helpers.

Scole Group Members

In addition to the experiments currently being undertaken by the spirit team of helpers at the Scole group concerning photography, the guides are constantly looking at other newer forms of physical phenomena with which they can experiment to obtain evidential results. Once successfully developed, such phenomena will be included in the programme for visitors to the group, and I am sure it will come as no surprise to readers to discover that several types are already under consideration by the spirit team, with that very purpose in mind.

Each time that the group sit, on the instructions of the spirit team, they place a new, factory-sealed audio tape on the floor. Guides and helpers of the group work with this proprietary tape each time, and are very optimistic that they will soon be able to project sounds, messages and music from the spirit world onto it, which can be heard only after the sittings, and only when the sealed cassettes are opened.

Portrait in Glass

Another interesting experiment which is on the cards for the Scole group to witness concerns their providing a plain sheet of glass about six inches square for the guides and helpers to work with. Using the powerful energy available to him, one of the guides has indicated his intention of imprinting his image plainly and permanently onto the glass - yet another experiment to prove just what can be achieved through physical phenomena, using the new spirit technology.

Lighten our Darkness!

The Scole group have recently been told by one of their helpers of a mind-blowing experiment which will soon be attempted under test conditions during their sittings, and for this, the group have been asked to make and provide some specific equipment, consisting of two separate freestanding blocks of wood, each with a slot along the top, into

Wonders Yet To Come!

which a metal plate, six inches square is to be inserted. To each metal plate, a wire is to be attached, leading to one of the two terminals on a bayonet style bulb holder. A light bulb with normal filament is to be placed in the bulb holder, and covered by a series of light filters, as per the specification of the spirit team. The blocks of wood with the metal plates are to be placed some distance apart, and the intention of the spirit world is to sporadically light up the bulb, using only the pure energy which they regularly utilise for the group's phenomena.

Dome of Plenty

Members of the Scole Experimental Group have been asked to provide the spirit team with a glass dome such as used to be used in Victorian times for the display of stuffed animals and birds, or those now used over some clocks. In the event, the group have managed to get both the small and medium sized versions. Several experiments will be undertaken within these domes which will be used to concentrate available energy in the near future for use by the spirit people.

It is intended that the group will be shown a discharge of energy within the domes which is akin to lightning during a thunderstorm, and it is hoped that such demonstrations, which will last only a split second, can be captured on film in the future. In addition, the spirit team have indicated that they will be bringing "life" into the domes during sittings, by way of creatures which will remain within the domes after a session, and either be kept as pets or released, as appropriate.

It may interest readers to learn that when asked how long the spirit world had been thinking

along the lines of using pure energy instead of ectoplasm for the production of physical psychic phenomena, spirit communicators at the Scole Experimental Group confirmed that current events had in fact been planned from the end of the Second World War, but that it is only just now that the right factors and ingredients have come together to enable their work in this direction to go forward, and their plans to come to fruition.

The Scole group are not by any means the only group through which spirit are carrying out this new work with energy, and others have been used with varying results, although it is true to say that much pioneering work has already been carried out within the Scole Experimental Group. No doubt in time, details of some of these other groups will emerge, and hopefully they will be permitted to share their work and results, perhaps with the New Spiritual Science Foundation.

It is true to say that the Scole Experimental Group have a wonderful ongoing relationship with their guides and helpers in the spirit world, who are co-operative in the extreme, and want the news of their work and successes to be spread far and wide in the future. Special sittings will be arranged for intellectuals and scientists to quiz the spirit team and thus assimilate a wide range of knowledge about spirit communication and the exciting scientific experiments in the pipeline. All, however, has not yet been revealed. Whilst many more forms of new phenomena are planned for the future, the group are only told of the immediate plans on a "need to know" basis, and until the spirit team feel that a particular new project should be announced to the group, there is no urgency in their being told of it.

Years of Planning

My wife Shirley and I duly arrived at the home of Sandra and Robin Foy on the evening of 21st October, 1994 having been invited to sit as guests in their group - the Scole Experimental Group.

The members of the group numbered seven plus six guests, totalling thirteen. The experimental sitting took place in the cellar beneath the house and had a single door entrance/exit, with one centre light, which when turned off left the cellar in total darkness apart from four fluorescent tabs placed on the top of a small round table in the centre of the circle, and also similar tabs attached to the two mediums' arms and legs so they would show if there was any movement from them during the proceedings. Also a ping-pong ball had fluorescent markings and was placed in the centre of the table on a small plinth. A cube of balsa wood was similarly marked on the floor near the table. There was no cabinet. The two mediums sat in as part of the Group.

After opening prayers of protection and welcome, the sitting began at 8.00pm and continued for about two hours duration. Tapes of sing-along music were played to help raise the power. The two mediums soon went into trance and their guides came through to communicate with us. Manu (a Peruvian when on Earth) and Mrs. Bradshaw came through one medium, whilst Patrick (an Irish Priest on Earth) and Raji (Indian on Earth, and had been in the Indian Army) came through the other medium. There was much lively conversation which included plenty of good humour which I will not detail.

I personally received a very evidential communication from Mrs. Bradshaw (speaking through her medium) from a member of my family who had been in the Etheric world for many years (Earth time), and page 11 was given his name and information regarding something I had been involved with

Witness Report of an early Visitor to the Scole Group

by James B. Webster M.B.Ch.A., F.S.S.Ch.

Witness Report of Experimental Sitting on 21.10.

which I alone had knowledge of.

As the power increased we were informed about the experiments being performed with the new 'pure energy' rather than ectoplasm as it is cleaner and brings forth quicker results in spiritual science as well as being more acceptable to most. Then followed the fine demonstration of spirit energy lights which I had never before witnessed at other previous sittings.

It is difficult to explain the feeling and experience of this phenomenon, as it is important to witness it at first hand. But I will attempt to give an illustrated account as best I can remember it. The lights appeared as either single or twin lights. White and bright and yet soft with an unusual kind of luminosity. I would estimate them to be about 5mm in diameter and they appeared like small discs or sometimes like beads, suddenly appearing and moving gracefully and silently across the room to disappear just as suddenly. No beam of light was visible. Small bells hanging near the ceiling were heard to ring. The lights made many and various movements and speeds at different levels. The ping-pong ball in the centre of the table rolled off and fell on the floor at the feet of Shirley sitting next to me, and the plinth was later found to have moved to the edge of the table. The communicator Patrick asked Shirley to pick up the ball and hold it in her hands.

A pair of lights hovered around my head and then stopped just inches in front of my eyes, as though looking intently at me. There was such a feeling of love and intelligence with the phenomena. Next we were treated to what could well be described as a fireworks display. The lights were moving in all directions very quickly, sometimes like catherine wheels and then in spiral and other intrinsic design. A single light bounced up and down on the table making a contact sound as it touched the table top.....then a tap dance routine was performed on the table. It was then requested that the light actually penetrate through the table, which it duly did, to emerge from underneath again. This was repeated. Knocks were heard from under chairs.

Shirley, sitting on my left, felt several gentle but firm nudges on her leg and hand. I watched a light gently touch my left leg and then my left hand which I undoubtedly felt. Bev was the only sitter who had not felt a touch and so Sandra requested if it would be possible for this to be accomplished. We all witnessed seeing a light travel across and touch Bev, which she duly acknowledged.

The perennial question is how does one convey such phenomena to convince the critics and sceptics? An ex-member of the Magic Circle and a professional stage magician for a number of years, I have some understanding

and experience of how trickery can be employed by the unscrupulous. It has kept me on my guard throughout over forty years of serious study and research. I have a particular respect for the healthy sceptic searching for truth but have no time for debunkers who reject everything out of hand. Likewise on the other end of the scale 'gullible fools' will just accept all and everything without question and I don't suffer fools gladly!

There will always be the hoaxers, tricksters and frauds to try and upset and confuse. The serious and patient researcher will be like a detective and work diligently.

With today's technology, it is easy for a stage magician to present, with the help and advice from electronics experts and whizz kids, a very convincing 'light show' complete with pseudo-seance effects, and the gullible will fall for it as they always have. One such modus operandi might be the employment of long hollow strands of fibre-glass with laser light projected through them. But this requires a previous set-up of props and gadgetry in the room and/or on the person themselves which would immediately fail the test conditions which are required to be met by the genuine medium and sitters. And I doubt if anyone would take up such a challenge however much they might criticise. As far as I am concerned, what I witnessed on the night of 21st October, 1994 was genuine and fine physical phenomena. Unique in fact.

Witness Report - Continued

I recommend the following observations in research:

- 1. Take account of those who one is associating with.*
- 2. Is a large amount of money being exchanged?*
- 3. What appear to be the motives of those involved?*
- 4. The message should be more important than the messenger....Is this apparent?*
- 5. How profound and meaningful was the experience?*

In these early stages, it is imperative that the important work of this group is protected from the general media to prevent another 'lamb going to the slaughter'. But there is no doubt that our friends and colleagues on the other side of the veil, working together in spiritual science will know when to lift the curtain for ALL to see and wonder and participate and realise that the show really has begun.

In summing up I would wish to say on behalf of Shirley and myself that having known Sandra and Robin Foy for long enough to be well aware of their unselfish enthusiasm to find and share the evidence for proving the continuance of life after 'physical death', that they are the type who would not waste their valuable time with parlour games and people of questionable intent. It was indeed a privilege to be invited to sit in their group during these early but exciting days, and we most certainly look forward with great anticipation to future developments in this link with Spirit which can change this physical world.

James B. Webster 30/10/94

There has certainly been a lot of interest shown of late in the Scole Experimental Group, both by those who are already conversant with the subject of physical mediumship and its phenomena, and by those who have never been involved in the "psychic scene", but who wish to know more about the scientific approach to the subject which is currently being promoted by the team of spirit guides and helpers working with the Scole group. There is much to be developed and experimented with over the next few months within the group and we shall be carefully examining the format of this bulletin in the meantime to see how it might be improved professionally by the time of the next issue, due out in March, 1995.

One of the first priorities will be to publish photographic evidence from the group, and so it is hoped that we may be able to include some of the photographs in Issue No. 2 which have been received under test conditions so far by the Scole group, and we shall also be detailing the progress by the spirit team with regard to the ongoing photographic experiments, and explaining more fully the sponsorship which the group have recently received from Polaroid (U.K.) Ltd.

There will be reports from future visitors to the group, and we shall be running an article on E.V.P., showing how aspects of this modern example of physical phenomena tie in with some of the experiments being undertaken by the spirit team at Scole.

In addition, there will be some discussion on the subject of Ley Lines, with comments by spirit guides and helpers as to their reality or otherwise.

We welcome letters, comments and suggestions from readers,

Next Issue

and will be setting aside a section of the next issue to deal with letters and enquiries from interested persons, so put those pens to paper!

Over the next few months, the spirit team at Scole will be making a supreme effort to ensure that the New Spiritual Science Foundation gets off to a good and solid start, and I am sure that we shall have much to report in that direction in Issue No. 2, giving a full update on its work, since the time of the Foundation's formation in September, 1994, and more details of how its work is likely to develop in the future.

The New Spiritual Science Foundation is aware of other experimental groups sitting for phenomena based on energy, and would like to establish a correspondence with any such groups who are showing signs of positive progress.

As the volume of energy-based physical mediumship increases, it is hoped that any such experimental groups will be able to pool their information and experiences in order to give as comprehensive a picture as possible of how the new methods work, and the Foundation intends to publish a number of books to teach the methods and possible results to others, so that they, too, may achieve modern physical phenomena for themselves.

The Foundation do not intend to operate as a Members' Society or Association of any kind, nor do they intend to be seen as a rival group to any other organisation. The Foundation's activities, however, will be initially aimed at providing scientists and the general public with opportunities to learn about and to witness the phenomena of Spiritual Science.

Further copies of this bulletin may be obtained from the New Spiritual Science Foundation by

sending an S.A.E. to its address on page 15.

as it also included a demonstration of phenomena by N.A.S. President Stewart Alexander, produced by the use of ectoplasm. This must have been the first time that the traditional spirit technology and the new energy-based work had ever been seen together!

There is no doubt in our minds that the brand new knowledge and practical applications of the energy-based physical phenomena currently being developed through the Scole Experimental Group and through similar groups around the world is about to have far reaching consequences for all of us in this modern age.

For those of us actually sitting in the Scole group on a regular basis, the feeling is akin to riding on the tail of a rocket. We are not sure yet exactly where the final destination will be, but we are covering the ground so fast that it leaves us breathless!

All the important work in the future with regard to the new methods will, we believe, be spearheaded through the New Spiritual Science Foundation, which has been created specifically on the wishes of the spirit world to undertake such a worthwhile labour of love.

All the signs are that the New Spiritual Science is set to extract the same sort of reaction from conventional science and the general public as the phenomena of the Fox sisters in March, 1848. We believe the news will spread like wildfire throughout the world and are anticipating a massive but positive reaction to what the Foundation, and the spirit world

through the Foundation, has to offer.

Any enquiries about the New Spiritual Science Foundation will be most welcome at our address on this page, and we shall be happy to explain our aims and objects, as well as the eventual intentions of the spirit world to any interested parties. Remember that we have actually experienced all that we have written about in this bulletin. The reports are not based on hopeful fantasy, but on fact. The results, in the form of photographs and apports are still here for the world to see, and the phenomena can be witnessed by any person who happens to be present at the time of an experimental sitting. It is all real, and it is tangible.

We sincerely hope that you have enjoyed reading this first copy of "The Spiritual Scientist", and that we may have the pleasure of welcoming you as a regular reader of our bulletin in the future. To ensure your quarterly delivery from issue 2 onwards, please fill in the coupon and return it with your subscription.

Please address all your queries and correspondence to us, with an enclosed S.A.E. for an answer:

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